



TEGAN ROSS
OCCUPATIONAL THERAPY

OCCUPATIONAL THERAPY DRIVING ASSESSMENT

Tegan Ross Occupational Therapy

Phone: 0424 933 662

Email: Tegan.Ross-OT@outlook.com.au

WHAT IS AN OTDA?

An Occupational Therapy Driving Assessment helps determine whether a person has the skills needed to safely drive a vehicle. It is recommended when medical conditions, ageing, or injuries may impact driving ability.

The assessment supports road safety, independence, and ongoing participation in the community.



WHAT HAPPENS AFTER THE ASSESSMENT?

Your OT reviews all results and provides recommendations such as:

- Fit to drive with no restrictions
- Fit to drive with licence conditions (automatic only, local radius, daylight only etc.)
- Driving rehabilitation lessons required
 - Vehicle modifications required
 - Not fit to drive

A formal report is sent to the referring doctor and Transport for NSW where required.

Your doctor makes the final decision regarding licensing when medical conditions are involved.



FEE'S & FUNDING

Fees vary based on assessment location, vehicle needs and reporting requirements.

Funding may be available through:

- NDIS
- Home Care Packages
- DVA
- Insurance schemes
- Private payment

FREQUENTLY ASKED QUESTIONS (FAQS)

Will I lose my licence?

Losing a licence only occurs if there is a significant safety concern. Many clients continue driving safely with or without licence conditions.

Do I need to use my own car?

No. Most assessments are completed in a dual-controlled instructor vehicle for safety.

Can I have someone with me?

Support persons can attend the off-road component.

Where does the assessment take place?

Off-road screening can occur at home or in a clinic.

Driving occurs in local areas including residential streets, roundabouts and town centres.

Can I drive myself to the assessment?

Only if your doctor has confirmed this is safe and permitted under your licence conditions.